

MEAL RESOURCES

House of Zion 503-981-8042
1430 E. Cleveland St., Woodburn/ Hours: Breakfast 6:00-8:00 a.m./ Dinner 5:00-7:99 p.m.

Jason Lee United Methodist 503-362-9885
820 Jefferson St NE/ Hours: 9:00-11:30 a.m. M,Tu, W, F

John Knox Presbyterian 503-393-0404
452 Cummings Ln N/ Hours: 9:30-11:30 a.m. Thursday

Kairos Kitchen: Jason Lee United Methodist 503-364-2844
820 Jefferson St NE, Salem/ Hours: Sundays 2:00 p.m.

Mano-a-Mano 503-363-1895
3545 Portland Rd, Suite #200/ Hours: 11:00 a.m.-2:30 p.m. M, 11-4 Tu & F, 1-5 W & Th

Marion-Polk Food Share 503-581-3855 Fax: 503-588-4077
2305 Front St NE, Salem,OR 97303
▪ For statewide referrals call: **Oregon Food Bank** 1-800-777-7427

Meals-on-Wheels 503-364-2856
685 Marion St NE, Salem/ Office Hours: 9:00 am-3:00 p.m. M-F

North Salem Adult & Family Services 503-378-2731
▪ South Salem Adult & Family Services 503-378-6327
▪ Food Stamps help families, couples and singles buy food on a monthly basis. Call for an appointment

Precious Children Ministries: Salem Evangelical Church 503-581-0102
455 Locust St NE/ Hours: 11:00 a.m.-12:30 p.m. 3rd and 4th (Thursdays of the month only.)

St. Edwards Soup Kitchen 503-393-5323
5303 River Rd N, Keizer/ Hours: 3:00-4:00 p.m. Sundays

St Joseph's Shelter 503-845-614
925 S. Main St., Mt. Angel/ Hours: 9:00 a.m.-9:00 p.m. Mon-Sun

St. Vincent de Paul 503-364-5672
3745 Portland Rd NE, Salem/ Hours: Sack lunches served 10:00-3:00 p.m. M-F

Seventh Day Adventist: Community Center 503-363-8893
1860 Summer St NE/ Hours: 10:00 a.m.-12:00 p.m. Mon & Tu CLOSED: July

The Salvation Army 503-585-6688
1977 Front St NE/ Hours: Open 10:00 a.m. Mon, 9:00-11:45 a.m. and 1-3:45 p.m. Tu, Wed, Fri: Closed Th

- After hours food boxes available when all other food pantries are closed. Free bread 5 days a week.

Trinity United Methodist 503-585-8851
590 Elma Ave SE/ Hours: 1:00-3:30 p.m. M, W, F

Union Gospel Mission 503-362-3983
345 Commercial St NE, Salem/Breakfast at 6:00 a.m./ Lunch at 12:15 p.m/ Chapel at 7:00pm dinner afterward

West Salem United Methodist 503-363-3035
1219 3rd St NW/ Hours: 1:00-3:45 p.m. Mon & Wed

WIC (Women, Infants and Children) provides nutritious food to young infants, children and women who are pregnant or breastfeeding. For more information call:

- Marion County Health Dept. 503-588-5057
- Polk County Health Dept. 503-623-8175
- Salud WIC Center, Salem 503-391-7872